

BUMED OFFICE OF WOMEN'S HEALTH

Recruit Brief: Contraception and Sexually Transmitted Infections (STIs) Video

The Navy Medicine Office of Women's Health developed a video to educate Recruits on contraceptive options, pregnancy prevention, and STI symptoms and screening. The video will equip Recruits with the tools and knowledge to practice healthy behaviors and protect their wellbeing and medical readiness.

VIDEO TOPICS

- Preventing pregnancy
- Symptoms and screening for STIs
- Frequently asked questions about sexual health
- Menstrual management
- Contraceptive options
- · Emergency contraception
- Lesbian, Gay, Bisexual, Trans, Queer (LGBTQ) sexual health

ACCESSING THE VIDEO

The video is available via CAC-enabled links on the Female Force Readiness Clinical Community milSuite page (here), the Women's Health Webpage (here), or by scanning the QR code.

